

Complete Your In-Service Hours VIRTUALLY ONLINE



Our virtual “Lunch and Learn” topics are informative, fun, convenient, and easily accessible. We focus on creating a fun and beneficial environment for you. New bi-weekly sessions begin March 1st. Visit our website to view start dates for the courses that interest you.

Below are just a few of our popular topics:

- **Monday Mantras- Jump start your week**
- **Tuesday’s Talks- Motivational tips for the week**
- **Wednesday Wellness- Mind, Body and Soul**
- **Thursday Thoughts- Future Planning**
- **Friday Feels- Rewards, Gratitude, and Positivity**



**Learn from the
comfort of your
office desk!**

- 24-Hour Access
- Bi-Weekly Format
- 5 Clock Hours/WK

**FREE for
DAEOP
members/
\$20 for non-
members**

Contact Teresa Price, CEOE for the online access: teresa.price@cr.k12.de.us

Earn Up to 30 In-Service Approved Virtual Clock Hours for the Series!

This Professional Development Opportunity is brought to you by the Delaware Association of Office Professionals (DAEOP) and approved by The National Association of Educational Office Professionals (NAEOP).



DELAWARE ASSOCIATION OF EDUCATIONAL OFFICE PROFESSIONALS