



From the President -
Happy New Year!

If you haven't already done so, please take time now to schedule the 2016 Annual NAEOP Conference, including our NAREOP meetings, on your calendar. It's hard to believe that we are a little over six months from the conference dates as the conference is scheduled from July 13-16, 2016. The 2016 schedule will include some changes – be sure to check the conference schedule online.

Please make sure you call and get your hotel reservations secured. The conference will be held at the St. Louis Union Station Hotel, a Doubletree by Hilton Hotel. The legendary Union Station Hotel has been selected for its location in the center of St. Louis and is within walking distance to many area attractions. The hotel is only 20 minutes from Lambert International Airport and has direct MetroLink access to the airport. The room rate will be \$149 with this rate in effect from July 10-19 for attendees wishing to arrive early or stay after the conference concludes. Don't delay – reserve now!!

Important dates for NAREOP Board members include the following:

Wednesday, July 13, 2016; 9 am – 3 pm
Retiree's Tour: "Slots and Shopping in St. Charles"

Wednesday, July 13, 2016; 7:30 pm – 10 pm
NAREOP Board Meeting

Thursday, July 14, 2016; 10:30 am – 1:30 pm
(Lunch Included)
NAREOP Annual Meeting and
Installation of Officers

As we begin 2016, the celebration of a new year prompts us to both celebrate and to step outside the day-to-day living we're always so busy with, and reflect, look back, take stock of our lives, assess how we've done and resolve to do better

going forward. Celebrating makes sense as we celebrate the end of 365 days, the annual unit of time by which we keep chronological score of our lives. But what about those resolutions? They typically are about the same things – living healthier, dieting an exercising more, saving money, spending more time with friendsthe list goes on and on. From Facebook, to YouTube, to books and magazines and television ads, everyone else has the belief that their ideas are the best for how you survive or stay happy as a retiree in 2016. My advice? Do what makes you truly happy! Live your life. Enjoy the living that gives you the greatest enjoyment. And if it's sitting and reading, do just that. If it's dancing in the rain, put your rain gear on and splash away. Remember our 2015-2016 theme as our new calendar year begins of "Living every moment, Loving beyond words, and Laughing every day." And when we meet at conference, bring those treasured memories of living, loving and laughing and we'll continue the practice together.

The February newsletter will include updates from the winter board meeting of the NAEOP Board. Best wishes for a great year ahead!

Hugs,
Becky

We have an actress in our midst!



Darlene Hovorka finished her first on-stage production of **It's a Wonderful Life, the Radio Show** and played Old Lady Collins. Something she can now cross off her bucket list.

How True It Is...

*Another year has passed
and we're all a little older.
Last summer felt hotter
and winter seems much colder*



*I rack my brain for happy thoughts,
to put down on my pad.
But lots of things that come to mind
just make me kind of sad.*

*There was a time not long ago
when life was quite a blast.
Now I fully understand
about living in the past.*



*We used to go to weddings,
football games and lunches.*



*Now we go to funeral homes,
and after funeral brunches.*

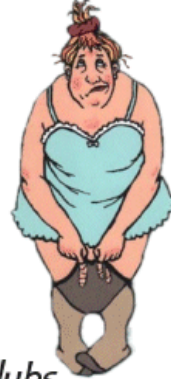


*We used to have hangovers from parties that were gay.
Now we suffer body aches and while the night away.*



*We used to travel often
to places near and far
Now we get sore bottoms
from riding in the car.*

*We used to go out shopping
for new clothing at the Mall
But, now we never bother...
all the sizes are too small.*



*We used to go to nightclubs
and drink a little booze.
Now we stay at home at night
and watch the evening news.*



That, my friend is how life is and now my tale is told.



So, enjoy each day and live it up...before you're too darned old!

May God let us all grow old gracefully!



- 1/11 – Mary Thompson**
- 1/15 – Kathy Ramos**
- 1/25 – Billie Mikesell**