

[External Email] November Northeast Area of NAEOP News

Northeast Director <northeast@naeopboard.org>

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Northeast Area NAEOP Members,

I recently took a week of vacation for something that was anything but a vacation. During the process of informing people I would be out for a period of time, I eventually switched from telling them I would be *on vacation* to I would be *out of the office*. This is only a subtle difference, but one I made to protect myself. How do you respond when people inform you they are going on vacation? We often say "have a nice time" or "enjoy your trip." Knowing where I was going and what I was doing, I started saying negative things in my head like "if you only knew."

As we head into the Thanksgiving season, consider how differently the people you know might respond to this season. This is the first major holiday my family will spend without my mother. I have a co-worker who moved this fall and is celebrating in a location where she is still trying to make new friends. There may be students we know who are unsafe spending three or four extra days at home. One thing NAEOP has given me is an extended network for business and personal connecting. Be sensitive, caring, and check up on each other this Thanksgiving.

Have a blessed day,
Katherine

NAEOP Opportunities

- **Northeast Area of NAEOP Board Meeting:** Our next Northeast Board meeting is Tuesday, November 28 at 5:30 pm. Anyone can join the meeting through the GoogleMeet link
- Applications for the Jackie Evans Distinguished Service and Trailblazer Awards are due on December 30, 2023. Forms are available in the Members Only section of the website.
- Applications for open NAEOP Board positions are due on February 15, 2024. The election guidelines and nomination form are available in the Members Only section of the website.
- **Northeast Area Student Scholarships:** The Scholarship and Awards Committee is putting the final touches on the area student scholarship application. We hope to have it read
- **Professional Development:** Your affiliate can have their professional development events posted on the NAEOP website at <https://www.naeop.org/pd-opportunities>. Check out

Katherine G. H. Reichley, CEOE[Northeast Area Director, 2022-2024](#)[Public Relations Committee Chairman](#)

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**Quotes about Thanksgiving:**

- "Appreciation can change a day, even change a life. Your willingness to put it into words is all that is necessary." - Margaret Cousins
- "Gratitude is when memory is stored in the heart and not in the mind." - Lionel Hampton
- "Showing gratitude is one of the simplest yet most powerful things humans can do for each other." - Randy Pausch
- "Thanksgiving is a joyous invitation to shower the world with love and gratitude." - Amy Leigh Mercree
- "We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have." - Frederick Keoni